



# Our Lady Queen of Apostles Parish, Stafford

A Parish of the Brisbane North West Deanery

*Vision: "To follow the example of Jesus by serving others."*

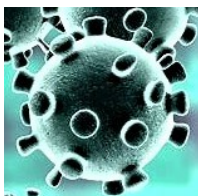
5th Sunday of Lent - Year A 28th/29th March 2020

## COVID-19 PRECAUTIONS: - LATEST NEWS: We just received the following notice from Archbishop Coleridge:

- "The ruling (last Sunday by the Federal Government) includes a **suspension of all religious gatherings, places of worship or funerals** (in enclosed spaces and other than very small groups and where the 1 person per 4 square metre rule applies).
- **Therefore, all parishes in the Archdiocese of Brisbane are required to suspend with immediate effect all Masses, including weekday Masses.**
- **Parish churches should close** immediately until further notice. Mass will not be celebrated publicly; nor will there be other celebrations such as Adoration of the Blessed Sacrament and Stations of the Cross.
- However, the **Cathedral of St Stephen** will for the time being remain open for private prayer, with the current restrictions and precautions applying. This is because, in a way not possible for parish churches, the Cathedral is able to ensure a supply of the necessary cleaning materials and the staff to ensure that the space and its furnishings are properly cleaned on a regular basis.
- **Funerals** — Funerals should be a private event strictly limited in size and in line with Queensland Health guidelines. The 4 square meter rule shall be adhered to and social distancing of 1.5 metres observed throughout.
- **Other Sacraments** — The **Sacrament of Reconciliation** should not be celebrated until further notice.
- **Baptism and weddings** should be delayed if at all possible. If these celebrations need to proceed, attendance should again be strictly limited, with the 4 square metre rule and social distancing of 1.5 metres observed.
- **First Reconciliation, Confirmation and First Communion** should be postponed until the pandemic is over. "

## As I said last week:

• This will be an **OPPORTUNITY** (Life always follows death) to **be Church** in other ways. I hope to help all families and individuals **live their faith at home**. Many Catholic Families (e.g. in China, or the Amazon or under ISIS rule do this all the time) It would be a **big help** to me and a **huge advantage** to **YOU**, if we



have your **email address** via which we can keep in touch and send you prayers and other resources. If you **DO NOT** receive the newsletter via email, could you **please** send an email to the parish (we'll keep it private) so that we can keep in touch.—Denis.

**I**n the meantime, here are a couple of resources to help you remain in prayer with the whole church while being at home:

- **Liturgy Brisbane** has made available this resource which is the **Sunday Readings** and a brief commentary about them. <https://litedliturgybrisbane.weebly.com/sunday-readings-at-home.html/>

**Other Resources:** Sunday Mass is 'Live streamed' from the Cathedral: <https://brisbanecatholic.org.au/multimedia/web-cast/> **Mass on TV** Sun 6am Ch 10; Two Minute Homilies: <https://brisbanecatholic.org.au/multimedia/two-minute-homilies/>

**P**arish **Income:** Our Parish will continue to function during this crisis and, as you know, the **Bills will still come in**. (Regardless of anything the **costs** of keeping your parish running works out at **about \$12 per man woman and child per week**.) We will endeavour to **try new things to help you** live as "church" (a people gathered in response to Jesus' call). The two resources above are an example of that. **If you use the Envelopes**, maybe you can drop them in once a month. (Until further notice there is the basket in the **Office Foyer during Office hours**) Or maybe you can **send a cheque once a month** with your donation (include a first or second collection envelope or indicate your number in some other way, **or** maybe

you can **Deposit your giving directly** into our Parish Bank Account. Details are:

**BSB: 064-786**

**Acc Name: Stafford Parish Acc**

**Acc Number: No 007291100**

**Bank: CBA**

**Reference: Your Name or Env No.**

If you **normally** contribute **using cash**, maybe you can do the same.

**O**ther ways to be "church" and live out your Faith (Remember Mass is the "summit and source" of your life, it's not the "be all and end all" as if nothing else matters.)

- **Print out this newsletter** and leave it in the letter

## Palm Sunday of the Passion of the Lord (Year A)

1st Reading: Isaiah 50:4-7  
2nd Reading: Philippians 2:6-11  
Gospel: Matthew 26:11-54



box of an elderly or sick parishioner who does not have a computer (the same with other resources we send you).

- **Be considerate of others**—do not ‘panic buy’ and horde more than you need from the shops.
- **Offer to shop/telephone / look out for** elderly or sick neighbours who find it difficult/dangerous to leave home. **Etc etc.**
- **If you think of other ways** we can be church together, **email me** and we can pass on the ideas to others or try to implement them as Parish.

**Our Fast from the Eucharist** is a challenge that, if we embrace it, will make us grow. **We’ve encountered worse** and many of our **fellow Catholics** have faced this for many years.

**L**et’s get the ‘buddy system’ working! We may not be able to share a smile or a handshake at the moment. **Be the joy in someone’s day!** Give someone a call. Don’t let physical isolation stop you from keeping in touch with each other. Have the younger members of the family set up a group chat. Continue the Lenten program on a group chat. Phone a friend and do the Examen prayer together. We can grow as a faith community each day. Please share with us, what you are doing to stay in touch with one another. We would like to share some of your stories in the coming weeks.

## Cancellations due to coronavirus

- **Parish Development Day.**
- **Delamore Retirement Community Open Day**
- **All other gatherings**, e.g. Second Rite of Penance, Christmas in July, International Food Fest etc are likely to be cancelled as well. We will let you know.

**H**ere’s a great prayer (keeps life in context and helps us grow): It’s from one of the resources produced by Evangelisation Brisbane for First Reconciliation:

# Awareness Examen

## A REVIEW OF YOUR DAY

### 1. Ask God for Light

(Psalm 119:105 Your word is a lamp to my feet and a light to my path) Talk to God about your day.

### 2. Give Thanks

What are you grateful for today?  
Thank God for this.

### 3. Review the Day

What disappointed you today?  
Speak to God about this.

### 4. Consider your Choices

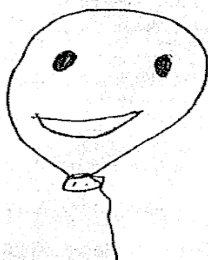
Guided by the Holy Spirit, think about your choices today. Is there something you need to say sorry for and ask for God’s help?

### 5. Look Toward the Day to Come

Being a disciple of Jesus how can you use your gifts in the day ahead? Give thanks to God in your own words.

Hello, ☺

I am a student in Year 6, I have heard of the fires in your region recently, and I truly do not know how you have endured this struggle & must feel very distressing in your situation. I hope that you and your family can eventually recover and Narooma/Berragul/Corbango can rebuild with a sense of newness and recovery. You really have gone through a lot, and may still yet have more ordeals. But we all hope you can get through this — and that our aid can assist. ☺ From a fellow Year 6 student, in Brisbane



A LETTER sent from one of our Yr sixes to the kids affected by bush fires.



It can get better :)



## TIPS ON HOW TO HAVE AN ENVIRONMENTALLY SUSTAINABLE EASTER

FOR MORE IDEAS <https://www.liveforless.com.au/waste-less-easter/>

Laudato Si, Chapter 4. Integral Ecology, V Justice Between the Generations: 161: "The pace of consumption, waste and environmental change has so stretched the planet's capacity that our contemporary lifestyle, unsustainable as it is, can only precipitate catastrophes, such as those which even now periodically occur in different areas of the world. The effects of the present imbalance can only be reduced by our decisive action, here and now. We need to reflect on our accountability before those who will have to endure the dire consequences."

### DYED EGGS

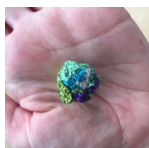
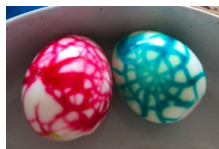
Items required: boiled eggs, food colouring, bread bags or saved bags from food, cooling rack or plate.

1. Boil your eggs and let them cool
2. Take an egg, tap cracks in two sides of the egg (or go crazy and experiment with more!)
3. Pop the egg in a bag and put in a small amount of food dye (we recommend saving bread bags or food bags for this step)
4. Manipulate the bag so that the dye covers the whole egg, then gently put the egg out onto the drying rack.
5. Repeat for remaining eggs and colours
6. Leave to dry then gently peel off the shell to reveal your masterpiece!

### Recycling Aluminium Foil

The **Australian Aluminium Council** reports that aluminium (unlike plastic) can be recycled endlessly without compromising any of its unique properties or quality. However, in order to be captured during the recycling process, the aluminium piece needs to be quite large – small pieces of Easter egg wrappings would be lost in this process, but you can fix this by:

- Saving all your Easter egg wrappers and making them into one large Easter egg ball (at least a tennis ball size is preferred) Keeping an aluminium can and putting all small foil pieces into the can until it's full before popping it in the recycling bin.



**PROJECT  
COMPASSION**  
GO FURTHER TOGETHER

Fifth Sunday of Lent

29th March 2020

**Caritas**  
AUSTRALIA

Tawonga is a 10-year-old girl, living with a disability. She lives in a village in northern Malawi in a region plagued by food insecurity and poverty. For most of her life, her parents have struggled to put meals on the table. Tawonga often had to miss school because she was too sick from hunger. The family also faced discrimination in their community due to her disability. Since participating in a Caritas Australia supported program, Tawonga's life has transformed. Her family now grows enough food to provide three meals a day, ending the struggle of malnutrition, and helping her thrive at school.



**Please donate to Project Compassion 2020 to so this transformational program can continue to empower vulnerable women, men and children, and strengthen the communities around them.**

**Let's Go Further, Together.** You can donate through Parish boxes and envelopes, by visiting [www.caritas.org.au/projectcompassion](http://www.caritas.org.au/projectcompassion) or phoning 1800 024 413.

**The Church is still going strong.** Here's a quote from an email I have received over the last couple of days: It's from a **mum of teens and Primary kids:** *I was talking with my kids this afternoon and we were chatting of course about the virus and the impact on people. We are worried about the elderly, not only their health but the social isolation. It will be very hard for people, not being able to attend Mass, not receiving visits from family, stuck in the house and not having social contact. This may not be possible but wondering if we can try and coordinate parishioners to contact the elderly? Particularly if Mass stops? If everyone is working from home and no school or sport, there's not much excuse for not being able to pick up the phone for 20 minutes.*

**The Parish Office is still open** but I will be doing some work from home. We have a box in the foyer for you to leave any monies or correspondence. We encourage you not to visit us in person. However, we are here and are able to take calls and receive emails. If you need to bring something into the office or collect something from us, we can leave things outside the office for collection. Copies of Living Faith books are here in the office. You can still purchase from the piety shop, just phone me first. Stay safe, Debra

**Tennis Courts for Hire**  
with lights

**CHEAP RATES!**

Bookings available through the office Monday to Thursday



**Holy Cross**  
FUNERALS

*The only funeral service owned and operated by  
the Catholic Church*

Ph: (07) 3293 0555 Web: [www.holycrossfunerals.com](http://www.holycrossfunerals.com)

### Our Lady, Queen of Apostles Parish Office

Address: 70 Appleby Road, Stafford  
Parish email: [stafford@bne.catholic.net.au](mailto:stafford@bne.catholic.net.au)  
Parish WEBSITE: [www.staffordcatholicparish.org.au](http://www.staffordcatholicparish.org.au)  
Parish Administrator: Fr Denis Scanlan  
Fr Denis' E-mail: [pp.stafford@bne.catholic.net.au](mailto:pp.stafford@bne.catholic.net.au)  
Parish Pastoral Council: [ppcstafford@gmail.com](mailto:ppcstafford@gmail.com)  
Parish Secretary: Debra Visser  
Office Hours: Mon/Tues 9 - 3.30pm Thurs 9-1  
Office Telephone: 3356 7155  
**Parish Safeguarding Children and Vulnerable Adults Representative:** Cath D'Hage  
STOPline Service: 1300 304 550 or  
[AOB@stopline.com.au](mailto:AOB@stopline.com.au) or  
[www.bnecatholic.stoplinereport.com](http://www.bnecatholic.stoplinereport.com)

### Queen of Apostles School Contacts

Address: 10 Thuruna Street, Stafford  
School email: [pstafford@bne.catholic.edu.au](mailto:pstafford@bne.catholic.edu.au)  
School Principal: Nigel Bird  
APA: Leanne Murray  
APRE: Ben Campbell  
School Office Hours: 8.00am - 4.00pm (Mon-Fri)  
Phone (Thuruna St:) 3352 9200  
Phone (Chuter St:) 3326 0400

**BAPTISMS** in this Parish occur at 10.30am on the Third Sunday of each Month (**except during Lent**). For **BAPTISM BOOKINGS** please contact the Parish Office. **SUSPENDED**



### What's happening this week?

Mon	30th		Please set up a "prayer space in your home" and spend some time in Prayer.
Tues	31st		Maybe you can access the weekday Mass readings and read and reflect on them.
Wed	1st		Maybe you could pray the "examen" on page 2 of this newsletter.
Thurs	2nd		
Fri	3rd		
Sat	4th		
Sun	5th	8.30am	We express "community" by reflecting on the Readings, at the same time.

### We pray for those who are unwell

Chris Stevens  
Jack Charalambous  
Maurice Drake  
Maria Rosa Arreguci  
Zuzarte  
Fr Ron Mollison  
Bushfire Victims  
Brian Becker  
Pam & Norm Ward  
Irene Johnson  
Ado Padayhag  
Mary Law



### ANOINTING OF THE SICK



If you are **going to hospital unexpectedly** for an op, let Fr Denis know and we can celebrate this Sacrament beforehand

You may add a **sick person's name to the list by phoning** the Parish Office (3356 7155).



**To keep the list 'fresh'** the last names will be removed. If their illness continues, let us know and we'll add them to the start of the list.

### The Catholic Leader: Keeping faith with you

In these unprecedented times, The Catholic Leader has decided to share our news for free.

With the recent announcement to suspend all Sunday and Saturday vigil Masses until further notice, you, our readers, will be unable to buy The Catholic Leader at parishes on weekends. So, we are making our digital newspaper free at our website, [catholicleader.com.au](http://catholicleader.com.au).

This **digital newspaper** will be free for readers to access until parishes reopen across the Brisbane archdiocese. It is our commitment to ensure that everybody has access to stories of connection, inspiration, and faith.

We will also have up-to-date daily news published on our website and shared to our social media channels, including Facebook, Twitter and Instagram. We will strive to maintain our reputation as a truthful, Catholic news service for leaders locally, across the province and beyond. Thank you for helping us to share the Good News and we pray that all Catholics who feel disconnected will find hope, purpose, and renewed faith from our content.

Sincerely,

**Matt Emerick**

Managing editor of The Catholic Leader



### We pray for those recently deceased including:



Fr Peter Conroy, Archbishop John Bathersby, Marjorie Moroney, John Blumke, Aunty Joan Hendricks, Jack Hamilton, Rita Butt, Patricia Trudgian, Vincent Jenner.

### We remember those whose anniversary of death occur about this time including

Eddie Nicholson, Michael O'Donnell, Barbara Cavanagh and all deceased Parishioners, their families and friends, and all our brothers and sisters in Christ maimed, killed or dispossessed because of their faith.