



Our Lady Queen of Apostles Parish, Stafford

A Parish of the Brisbane North West Deanery

Vision: "To follow the example of Jesus by serving others."

First Sunday of Advent - Year A 30th Nov/1st Dec 2019

5 Steps to Positive Parenting

Triple P helps make raising children and teenagers easier and more enjoyable for both you and the kids. It's about building relationships, communicating well and encouraging the kind of behaviour you want to see. It helps you manage your child's behaviour, emotions and development in a way that isn't hurtful.

Positive parenting helps you feel more confident and less stressed about raising children. You're likely to have fewer arguments with your partner. And kids who grow up with positive parenting do well at school. They make friends easily. They feel good about themselves. They're also less likely to have behavioural or emotional problems when they get older.

Like the sound of Triple P? *(Continued page 2)* Well, here's just a little taste: five principles that underpin Triple P's positive parenting. These principles are relevant whether you've got toddlers, teens or in-betweens!

1. Create a safe, interesting environment

Bored kids are likely to misbehave. Bored teenagers may find trouble. So create an environment that allows kids to explore safely and develop their skills.

2. Have a positive learning environment

If a child or teenager comes to you for help or a chat, they're ready to learn. Give them positive attention, even if only for a minute or so. Encourage their ideas and opinions.



3. Use assertive discipline

Set clear rules and boundaries and follow through with fair consequences. You can negotiate some of these with older kids and decide on the rules and consequences together. Praise little and big kids to encourage the behaviour you like.

4. Have realistic expectations

Nobody's perfect – kids, teenagers or adults – so don't expect your child to do more (or less) than they're capable of. And remember, we all make mistakes sometimes.

5. Take care of yourself as a parent

It's all about balance. You've got to look after your own needs too, so make sure you're getting some support, time with friends, and maybe even a little time to yourself!

There is a free 12-month online version at this website (<https://www.triplep.net/glo-en/home/>) as well as information of sessions held in and around Brisbane.

Our Parish School, "Queen of Apostles", was set up by our Parish as a major way in which we, as a community can fulfil the promise we make, through the Godparent(s) to the Parent(s) at the Baptism of their Child. We promised to "help these parents in their duty as Christian Parents." This week our school ends its school year. A big "THANK-YOU" to all the staff for their dedication in supporting the Parents in the faith growth and education of the children.



Queen of Apostles
Catholic Primary School
Stafford

May all the staff, children and their families have a happy and safe holiday. – May they constantly remember the Christmas Message "Emmanuel" – God is with us – always, everywhere and at everytime!

Sacrament of Penance in preparation for Christmas: This will be on Thursday 19th Dec 7pm.

CHILDREN'S LITURGY OF THE WORD 2020: We are restarting and revamping this important "learning" tool for our Prep to Year 4 children. If you'd like to volunteer (there will be training and resources), email Fr Denis (pp.stafford@bne.catholic.net.au) or see him after Mass. **RSVP: Sunday 21st December.**

Requirements: 13yr or older, attends Mass regularly, and some paperwork will need to be completed.



Carmel Fischer and family would like to thank Father Denis, Father James O'Donoghue, our neighbours, organist, cantor, caterer, and parish friends who have supported us during our sad time. You will be forever in our prayers.

A PRAYER FOR THE First Sunday of Advent

God of light and life,
give us hope as we wait
for your coming again.
When we are tempted
to be grateful to have found you
while others are lost,
send us out into the darkness
in search of those
who need you most.
Amen.



Second Sunday of Advent (Year A)

1st Reading: Isaiah 11:1-10

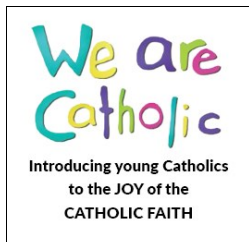
2nd Reading: Romans 15:4-9

Gospel: Matthew 3:1-12



Counters Roster Team C: Brian Daviseen, Kevin Haley, Peter Dove and John Dalton.

Religious Goods Shop: We have a large range of cards, religious icons, rosary beads and medallions. We have catalogues with a huge range of gift ideas for new babies, Baptism, birthdays and other special occasions. We have a lovely book in stock which would make a great gift for children for Christmas.



The Kelvin Grove Wind Orchestra warmly invites you to their final concert for the year entitled "Viva Espana!". Listen to the pulsating rhythms of Latin and Spanish music and be dazzled by Flamenco Dancers! Expect to be entertained!



Date: Saturday 14th December

Time: 7pm

Tickets: \$25 (Adults), \$20 (Concession) and Children (\$13). Includes a light supper.

Contact: Maree Coe (3350 1472) or (0405 660 583) or buy online from kgwo.or.au

Venue: The Old Museum, Bowen Hills.

Mass songs music practice

If you would like to join parishioners who practice current and new mass songs, please join us at the church on Saturday 7th December at 10 am for approx. one hour.

You do not need to read music and will not be asked to sing solo at mass. This is a relaxed practice so people feel more confident when singing songs during mass, especially at the 7am mass where there is often no cantor.

You are most welcome to just turn up on the day, but it helps us to have enough copies of the songs if you let me know in advance. Please leave a message with Gwen: 0431 234 443.

Strengthen the Household of Faith

Jesus asks us to demonstrate our love for Him through our generosity to others. In our everyday lives, He calls us to share our gifts. "Amen I say to you, whatever you did for one of these least brothers of mine, you did for me." (Matthew 25: 40) Please consider a gift in any amount given through your Will to strengthen our Parish. For more information about how you can leave a legacy to Our Lady, Queen of Apostles Parish, call the Catholic Foundation at 3324 3200 or call the parish office

Something worth pondering about:

"Christianity is a lifestyle—a way of being in the world that is simple, non-violent, shared, and loving. However, we made it into an established "religion" (and all that goes with that) and avoided actually changing lives. One could be warlike, greedy, racist, selfish, and vain in most of Christian history and still believe that Jesus is "personal Lord and Saviour." The world has no time for such silliness anymore. The suffering on Earth is too great." - Richard Rohr

Can you help? We would like to hear from anyone in the community who may have experience writing Federal Government grant applications.

DO YOU ENJOY MEETING PEOPLE? DO YOU LOVE YOUR CATHEDRAL? DO YOU REVEL IN GOOD ART AND JUICY HISTORY? WE HAVE AN OPPORTUNITY FOR YOU!

Talk with us about becoming a volunteer welcomer and/or guide at the Cathedral of St Stephen. The commitment asked is to participate on the duty roster and lead booked tours according to your availability Monday to Friday and attend bi-monthly meetings. We also participate in special church and civic events e.g. St Mary Mackillop day, Brisbane Open House. The rewards are beyond measure - a wonderful opportunity to delve into the rich history, art and significance of the Cathedral and Precinct and to share it with others. Everyone you meet, greet and guide will become an ambassador for this historic architectural gem which is the mother church of the archdiocese. Volunteering is a sure way to find friends that you didn't even know you had.

An information session will be held on Thursday 7 February 2019 and a comprehensive six-day training program will begin on Thursday 14 February 2019 and continue each Thursday until completion on 28 March 2019 including a week rest after day three. A graduation celebration will be held on 4 April 2019. After this you will be supported by a guide or welcomer for six months prior to becoming a fully-fledged guide or welcomer.

Contact Carmel Devery at the Cathedral office on 3324 3030 or e-mail deveryc@bne.catholic.net.au if you'd like to share in this mission!

First Friday of the month - Mass this Friday 6th December. Stay for a cuppa after the 9am Mass and enjoy each other's company!



Lenten Program for 2020 - 'Be Opened, A journey to new life', is ready for early ordering!

There are some new features in the latest Lenten Program including an extra week - it now covers six weeks of Lent and Easter Sunday! There is also an app for those unable to join a group. This can be used on various devices and will be available from January



2020 through Apple App Store and Google Play Store. If we place an order before 31st Dec, we do receive a small discount. To reserve a copy, please send me an email or phone me in the office. Debra



Christmas Lights - The Archdiocese of Brisbane is pleased to announce the return of the Lights of Christmas at St Stephen's Cathedral.

This free, family-friendly event incorporates a spectacular light show projected onto the walls of the Cathedral, while a kaleidoscope of moving colour will transform the adjacent chapel.

This year the event will run from Wednesday

11 December until Christmas Eve and include music, food and children's activities from 6.30pm followed by the 12-minute show running continuously from 7.00pm.

The Way Advent/Christmas reflection books have arrived for those who have ordered them. They will be in the 'shop' for collection and payment. Cost is \$4 each.

Christmas Roster preparation is vital to good liturgy during the festive season. Many travel to be with family and many may visit us at this special time of the year. There will be sheets at the rear of the church to add your name if you are available to assist with the liturgical roster at the Christmas masses. We also need to hear from those normally on the counters roster and the 'shop' too for cover over the Christmas and New Year period.

If you missed adding your name to the sheet, I'm happy to have you email or phone the parish office.

Christmas Mass Times

Christmas Eve:

6pm (Mass with adapted Liturgy of Word for children) 9pm (our "Midnight" Mass)

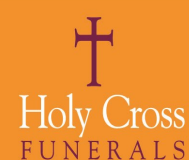
Christmas Day:

8am **only** (No 5.30pm Mass on Christmas Day)

Thurs 26th, Fri 27th - No liturgies.

Weekend 28/29th Dec:

Sat 5pm, Sun 7am & 9am only. (No Sunday 5.30pm Mass)



The only funeral service owned and operated by the Catholic Church

Ph: (07) 3293 0555 Web: www.holycrossfunerals.com

Food insecurity and under-nutrition are widespread in vulnerable communities. Over 820 million people around the world do not have enough to eat*, and 1 in 3 people globally do not have access to safe drinking water*.



Preferential care should be shown to poor and vulnerable people, whose needs and rights are given special attention in God's eyes.

This Christmas, please give generously to help light up a family's future:

- **\$45** could give a family access to clean and safe water, to improve their health
- **\$125** could support a family with vegetable seeds, to protect them from malnutrition
- **\$500** could support communities to install drip systems for their farms, to help them build a sustainable future

You can make a gift of life and hope by donating to CARITAS. <http://view.e.caritas.org.au/>

VINNIE'S GIFTING TREE 2019. Vinnie's will provide gift tags re food items to be placed under the Christmas tree. These gift tags will be placed near each of the doors of the church on the this weekend. These food items will be made up into food hampers by Vinnie's, for all our families in need for Christmas. Please be generous and feel free to take as many tags as you want. Remember!! These people struggle every day of their lives.

The closing date to place food items under the Christmas tree is 14/12/19 and 15/12/19. So bring some happiness to these families and give, give, give. Many thanks from your Stafford Vinnie's Conference.



Tennis Courts for Hire with Lights

CHEAP RATES!

Bookings available through the office Monday to Thursday



Our Lady, Queen of Apostles Parish Office

Address: 70 Appleby Road, Stafford
Parish email: stafford@bne.catholic.net.au
Parish WEBSITE: www.staffordcatholicparish.org.au
Parish Administrator: Fr Denis Scanlan
Fr Denis' E-mail: pp.stafford@bne.catholic.net.au
Parish Pastoral Council: ppcstafford@gmail.com
Parish Secretary: Debra Visser
Office Hours: Mon/Tues 9 - 3.30pm Thurs 9-1
Office Telephone: 3356 7155
Parish Safeguarding Children and Vulnerable Adults Representative: Cath D'Hage
STOPline Service: 1300 304 550 or
AOB@stopline.com.au or
www.bnecatholic.stoplinereport.com

Queen of Apostles School Contacts

Address: 10 Thuruna Street, Stafford
School email: pstafford@bne.catholic.edu.au
School Principal: Nigel Bird
APA: Leanne Murray (2020)
APRE: Ben Campbell
School Office Hours: 8.00am - 4.00pm (Mon-Fri)
Phone (Thuruna St:) 3352 9200
Phone (Chuter St:) 3326 0400

BAPTISMS in this Parish occur at 10.30am on the Third Sunday of each Month (except during Lent). **For BAPTISM BOOKINGS** please contact the Parish Office.



What's happening this week?

Mon	2nd	8.30am	Mass
Tues	3rd	8.30am	Morning Prayer and Communion
Wed	4th	12.30pm	Social Club Christmas Lunch
Thurs	5th	8.30am 7.00pm	Mass Parish Pastoral Council Meeting
Fri	6th	9.00am	Mass and morning tea
Sat	7th	10.00am 4.00pm 5.00pm	Music Practice Reconciliation (<i>until no one is waiting</i>) Mass
Sun	8th	7.00am 9.00am 2.30pm 5.30pm	Mass Mass Rosary Mass

We pray for those recently deceased including:



Nora Stevens, Peggy Ellaway, Dennis Dower, Trevor Jewell, Collette Horn, Majella Tracey FMM, Maureen Jones, Sr Mary Cooke RSC, Laurie Fischer, Elaine Russell and Jackie Broughton.

We pray for those who are unwell

John Blumke
Bernadeen Hodby
Ado Padayhag
Miguela Savellon
Brian Turner
Vincent Jenner
Mary Law
Nerida Versace
Eadie Curry
Molly Rampa
Sonia Officer
Pam Ward



ANOINTING OF THE SICK



immediately after Mass on the 3rd Sun of the month (ex Oct). IF you are **going to hospital unex-**

pectedly for an op, let Fr Denis know and we can celebrate this Sacrament beforehand

You may add a **sick person's name to the list by phoning the Parish Office** (3356 7155).



To keep the list 'fresh' the last names will be removed. If their illness continues, let us know and we'll add them to the start of the list.

The Catholic Leader: Keeping faith with you

- * The dedicated works of five Brisbane Catholics Catholic Health Australia welcomes government's \$537 million boost to increase home care and to get young people out of residential care.
- * Nerang parishioners celebrate silver anniversary of St Brigid's Church and school on the Gold Coast.
- * Brisbane archdiocese steps up to help eradicate human exploitation with a Modern Slavery Statement submission to the Federal government.
- * St Stephen's Primary School, Algester raises \$13,000 for the Socktober Catholic Mission Appeal to help children in Ghana.
- * Nightfever event and volunteers guide people to Jesus by candlelight in St Stephen's Cathedral through adoration and prayer.
- * Brisbane's new religious community, Sisters of the Morning Star, offer a five-week iconography course during Advent.
- * Dutch priest Fr Michael Remery launches his new book 'Online with the Saints' to break bread in a digital Jerusalem.
- * St Stephen's Cathedral commemorates 30 years since its renovation and dedication on Dec 4.
- * 93-year-old Jindalee parishioner Dorothy Russell's parish 'housekeeping' is close to award winning

* Still only \$2

We remember those whose anniversary of death occur about this time including

Matthews, Ketter and Rowbotham families and all deceased Parishioners, their families and friends, and all our brothers and sisters in Christ maimed, killed or dispossessed because of their faith.